



2022/2023 Dress Code: Males

GDC's dress code requirements are designed to support an optimal dance experience for all students. Dressing the part allows the dancer to be fully prepared for the demands of class, ensures safety, and sets the tone for the level of focus while instilling a sense of confidence and pride in the dancer's appearance.

GDC's required uniform leotards are available for purchase exclusively through www.corpsdancewear.com. Use discount code **GDC** for 20% off your Corps Dancewear purchase. All other dress code requirements may be purchased at your local dancewear store. We highly recommend [DanceMax Dancewear](#).

GDC's Male Dress Code Requirements for Ballet			
Division:	Required Uniform:	Shorts/Tights:	Shoes:
Pre-Primary	Corps Dancewear Male T-Shirt in White (Style #M101, Color #01)	Corps Dancewear Male Dance Shorts in Black (Style# M301, Color #55)	Black Ballet Shoes (Leather or Canvas, Full Sole)
Primary	Corps Dancewear Male T-Shirt in White (Style #M101, Color #01)	Corps Dancewear Male Dance Shorts in Black (Style# M301, Color #55)	Black Ballet Shoes (Leather or Canvas, Full Sole) <i>(*See below for jazz/tap shoes for those in a combo class)</i>
Studio	Corps Dancewear Male T-Shirt in White (Style #M101, Color #01)	Black Convertible Ballet Tights <i>See below for GDC recommendations.</i>	Black Ballet Shoes (Leather or Canvas, Split Sole)
Teen	Corps Dancewear Male T-Shirt in White (Style #M101, Color #01)	Black Convertible Ballet Tights <i>See below for GDC recommendations.</i>	Black Ballet Shoes (Leather or Canvas, Split Sole)

GDC's Male Dress Code Requirements for Hip Hop		
Required Uniform:	Shoes:	Notes:
Comfortable athletic clothes that allow freedom of movement.	Comfortable "studio only" sneakers. Specialty dance sneakers are available for purchase, but not required (any pair of comfortable sneakers will do). Example 1 Example 2	-In order to protect against the spread of dirt and germs, a separate pair of "studio only" sneakers are required for Hip Hop. -Hip Hop students will not be allowed to wear their regular street shoes on the marley floor.



2022/2023 Dress Code: Males

GDC's Male Dress Code Requirements for Jazz/Contemporary		
Division:	Required Uniform:	Shoes:
Primary (for Ballet/Jazz Combo Class)	<p>Corps Dancewear Male T-Shirt in White (Style #M101, Color #01)</p> <p>Corps Dancewear Male Dance Shorts in Black (Style# M301, Color #55)</p>	<p>Black Leather Split Sole Jazz Shoe: Bloch Style #S0497 or SoDanca Style #JZ76</p> <p><i>We recommend going to get fitted in person at DanceMax Dancewear.</i></p>
Studio	<p>Corps Dancewear Male T-shirt in Black (Style #M101, Color #55) or White (Style #M101, Color #55)</p> <p>Corps Dancewear Male Dance Shorts in Black (Style# M301, Color #55) or Jogger like athletic pants in black Example 1, Example 2</p>	<p>Black Leather Split Sole Jazz Shoe: Bloch Style #S0497 or SoDanca Style #JZ76</p> <p><i>We recommend going to get fitted in person at DanceMax Dancewear.</i></p>
Teen	<p>Corps Dancewear Male T-shirt in Black (Style #M101, Color #55) or White (Style #M101, Color #55)</p> <p>Corps Dancewear Male Dance Shorts in Black (Style# M301, Color #55) or Jogger like athletic pants in black Example 1, Example 2</p>	<p>Contemporary is typically taken barefoot. Your instructor will specify if they recommend additional footwear.</p>

GDC's Male Dress Code Requirements for Tap		
Division:	Required Uniform:	Shoes:
Primary (for Ballet/Tap Combo Class)	<p>Corps Dancewear Male T-Shirt in White (Style #M101, Color #01)</p> <p>Corps Dancewear Male Dance Shorts in Black (Style# M301, Color #55)</p>	<p>Black Leather Oxford Lace up Tap Shoe: Example 1 Example 2</p> <p><i>We recommend going to get fitted in person at DanceMax Dancewear.</i></p>
Studio & Teen	<p>Comfortable athletic clothes that allow for freedom of movement</p>	<p>Black Leather Oxford Lace up Tap Shoe: Example 1 Example 2</p> <p><i>We recommend going to get fitted in person at DanceMax Dancewear.</i></p>



2022/2023 Dress Code: Males

GDC's Male Dress Code Requirements for Company Division Dancers			
Division:	Uniform	Shoes	Other:
PTI-PTII	<p>Corps Dancewear Male T-Shirt in Baby Blue (Style #M101, Color #26)</p> <p>Corps Dancewear Male Dance Shorts in Black (Style# M301, Color #55)</p>	<p>Black ballet shoes, leather or canvas, full or split sole</p> <p>Black Leather Split Sole Jazz Shoe: Bloch Style #S0497 or SoDanca Style #JZ76</p>	
ATI-ATII	<p>Corps Dancewear Male T-Shirt in Royal Blue (Style #M101, Color #38)</p> <p>Black Convertible Ballet Tights</p> <p><i>See below for GDC recommendations.</i></p>	<p>Black ballet shoes, leather or canvas, full or split sole</p> <p>Black Leather Split Sole Jazz Shoe: Bloch Style #S0497 or SoDanca Style #JZ76</p>	
ATIII-ATIV	<p>Corps Dancewear Male T-Shirt in Navy (Style #M101, Color #38)</p> <p>Black Convertible Ballet Tights</p> <p><i>See below for GDC recommendations.</i></p>	<p>Black ballet shoes, leather or canvas, full or split sole</p> <p>Black Leather Split Sole Jazz Shoe: Bloch Style #S0497 or SoDanca Style #JZ76</p> <p>ATIV Contemporary: Black cotton crew-cut socks Example</p>	<p>ATIV for Contemporary: Corps Dancewear Male T-shirt in Black (Style #M101, Color #55) Corps Dancewear Male Dance Shorts in Black (Style# M301, Color #55) or Jogger like athletic pants in black Example 1, Example 2</p>
THI-THII	<p>Corps Dancewear Male T-Shirt in Wine (Style #M101, Color #38)</p> <p>Black convertible ballet tights.</p>	<p>Black ballet shoes, leather or canvas, full or split sole</p> <p>Black Leather Split Sole Jazz Shoe: Bloch Style #S0497 or SoDanca Style #JZ76</p> <p>Contemporary: Black cotton crew-cut socks Example</p>	<p>Contemporary: Corps Dancewear Male T-shirt in Black (Style #M101, Color #55) Corps Dancewear Male Dance Shorts in Black (Style# M301, Color #55) or Jogger like athletic pants in black Example 1, Example 2</p>



2022/2023 Dress Code: Males

Additional Dress Code Requirements (Males)	
Cover Up	An appropriate "cover up" (i.e. additional clothing that fully covers the dancer's uniform) is required when coming to and from the studio. Please do not allow your dancer to walk outside in only their leotard and tights. DANCE SHOES SHOULD NEVER BE WORN OUTSIDE THE STUDIO.
Hair	Longer hair must be neatly secured out of face with a hair tie, hairband, or bandana.
Jewelry	Only small earrings allowed; no watches, or other jewelry (necklaces, bracelets, or rings) allowed.
Nails	Fingernails should be kept trimmed to a reasonable length.
Deodorant	Deodorant is highly recommended for dancers 10 and older; spray deodorant is encouraged.
Undergarments	Young boys 9 and younger should wear normal undergarments. Male dancers 10 and older wearing ballet tights or form fitting pants for any class are required to wear a dance belt underneath. See below for more information regarding dance belts.

GDC's Required Uniforms: (purchased exclusively through www.corpsdancewear.com)

This year, GDC is partnering with dance uniform specialists [Corps Dancewear](http://www.corpsdancewear.com) to provide all of our ballet students with high quality dancewear that meets the GDC dress code standards. GDC's required uniforms may be purchased exclusively online at www.corpsdancewear.com and will be shipped directly to your home. **Use the discount code GDC for 20% off on all GDC required uniform purchases.**

Ballet Shoes:

Ballet shoes should fit snugly to the dancer's foot with no "growing room" (which can be a *serious* tripping hazard during class), but not so tight as to cause scrunched up toes. Ballet shoes come in leather or canvas materials, and can either be a full sole or a split sole. Both leather and canvas ballet shoes will stretch a bit when worn.

Dance Sneakers:

Dance sneakers should fit snugly to the dancer's foot with very little "growing room" (which can be a *serious* tripping hazard during class), but not so tight as to cause scrunched up toes. Dance sneakers are made of material such as leather and neoprene and will stretch a bit when worn. Dance sneakers can be worn with or without socks. If you are purchasing specialty dance sneakers, we highly recommend going to get fitted in person at a dancewear store.

Jazz Shoes:

Jazz shoes should fit snugly to the dancer's foot with no "growing room" (which can be a *serious* tripping hazard during class), but not so tight as to cause scrunched up toes. Jazz shoes are made of material such as leather and neoprene and will stretch a bit when worn. We highly recommend going to get fitted in person at a dancewear store.

Tap Shoes:

Tap shoes are a specialty shoe that should be fitted in person at a dancewear store. Tap shoes with too much "growing room" will slip off a dancer's foot during class. Oxford lace up style tap shoes can be worn with or without socks (socks should be very thin).



2022/2023 Dress Code: Males

Men's Ballet Tights:

Men's ballet tights are much thicker than women's. Whereas women's ballet tights are transparent, men's tights should be mostly (if not 100%) opaque. Men's ballet tights should be pulled all the way up when worn (i.e. waistband pulled up to chest) with the extra material folded over an additional elastic waistband. If the crotch is sagging or knees are baggy, the tights are too low or may be too small. If you are in between sizes, it is recommended to purchase tights the size up to allow room to fold the tights over the elastic waistband. "Convertible tights" (tights with a hole in the bottom) should be purchased so the dancer can easily access their bare feet when needed by simply rolling up the tights.

- [Men's Tights Example 1](#)
- [Men's Tights Example 2](#)
- [Men's Elastic Waistband Example](#)
 - An elastic waistband can easily be made by sewing a big elastic loop with wide elastic found at a craft or fabric store

Dance Belts (Male Dancers Ages 10+):

Any male dancer age 10 or older is required to wear a dance belt underneath their ballet tights or form fitting pants for protection, support, and coverage. A dance belt is the equivalent of an athletic supporter in sports. The dance belt should match either the color of the tights or skin tone of the dancer. A thong-style dance belt should be purchased that is made specifically by a dancewear brand (Bal Togs, Body Wrappers, Bloch, Capezio, Wear Moi, etc). GDC recommends the following:

- [Dance Belt Example 1](#)
- [Dance Belt Example 2](#)
- More info on Dance Belts:
 - <http://www.dancebelt.info/>
 - <https://www.wikihow.com/Wear-a-Dance-Belt>